



ATHLETE CODE

- 1. I understand that as a member of any STORM athletic team, I will be expected to make ACADEMICS and ATHLETICS a priority in my life.**
- 2. I will not be satisfied with less than my best effort on the court or in the classroom.**
- 3. I understand that if I do not remain in good standing at the school I will be removed from the team.**
- 4. I will attend all my classes, I will arrive on time for class and practice, and I will turn all my assignments in on time.**
- 5. I will attend all practices, games, and team functions. In the event that I cannot attend due to a personal emergency I will let the coach know immediately.**
- 6. I understand if I miss any practices, without clearing it with the coach, it will result in being benched for the next game.**
- 7. I will treat my coaches, teachers and teammates with courtesy and respect even when I am down or in a bad mood.**
- 8. I will give 100% effort in every practice and game, as it is my intention to become the best athlete that I can be.**
- 9. I understand that I will receive playing time throughout the year, but that does not mean everyone on the team will receive the same amount.**
- 10. I understand that for my personal success, and the success of the program, I must follow these guidelines and, furthermore, encourage my teammates to do the same.**



Iron Ridge Athletic Department PARENT INFORMATION

We hope the information provided within this flyer will make your son's/daughter's and your experience with Iron Ridge Athletics an enjoyable one.

Mission Statement

Our mission is to encourage the involvement of students in athletic activities and thereby promote citizenship, sportsmanship, and skill development.

Program Philosophy

Iron Ridge's extracurricular program emphasizes the relationship between academics and athletics that promote excellence and high academic standards. Students will have the opportunity to succeed in enhanced and enriched athletic programs that foster the development of teamwork, cooperation, social skills, responsibility and creativity.

In providing activities for students, we offer a wide variety of participation opportunities for promoting enjoyment and skill development to meet expectations for a thorough education.

In Iron Ridge's programs, we focus on training students in fundamental skills and strategies to enable participants to realize a degree of individual and team success and gratification. In addition, we strive to teach positive values, pride of accomplishment, acceptable social behavior, camaraderie, self-discipline and self-confidence.

We aim to provide extracurricular activities at no cost to the participants.

Communications

Parenting and coaching are extremely challenging and rewarding, yet different roles.

Coaches and parents both want participants to have positive experiences as they take part in a sport or activity. All (parents, coaches and student athletes) are responsible for and part of an effective communication process.

Communication coaches expect from student athletes:

- Concerns expressed immediately and directly to the coach.
- Notification of any schedule conflicts well in advance.
- Specific concerns in regard to a coach's philosophy and/or expectations.

As your son/daughter becomes involved in the programs at Iron Ridge, he/she will experience some of the most rewarding moments of his/her life. It is important to understand that there also may be times when things do not go the way you or your son/daughter wish. At these times, a discussion with the coach is encouraged.

Communication you can expect from the coach:

- Philosophy of the coach/coaching staff.
- Expectations the coach has for your son/daughter as well as all the student athletes on the squad.
- Locations and times of all practices, contests and schedule changes.
- Team requirements, ie. special equipment, off-season conditioning
- Procedure if your son/daughter is injured during participation.
- Discipline that results in the denial of your son's/daughter's participation.
- Procedures should your son/daughter not meet the expectations of the team or school.

Communication coaches expect from parents:

- All concerns should be expressed directly to the coach.
- Notification of any schedule/time conflicts needs to be done well in advance.
- That specific concerns with regard to the coaching philosophy and/or expectations, be expressed directly to the coach.

Appropriate concerns to discuss with the coaches:

- The treatment of your son/daughter mentally, emotionally and physically.
- Ways to help your son/daughter improve.
- Concerns about your son's/daughter's behavior.
- Handling of schedule/time conflicts.

Please remember our coaches are volunteers. They make judgments based on what they believe is best for all students involved in the program. As mentioned above, certain things can and should be discussed with the coach.

Decisions in areas such as those listed below should be left up to the discretion of the coach:

- Playing time
- Team strategy
- Play calling
- Other student athletes

Coaches develop solutions based on what they believe to be the best for the individual as well as the entire group. However there may be situations that will require a conference between the coach and the parent. When conferences are necessary, the following procedures should be followed.

Procedures to follow if you have a concern with your son's/daughter's coach:

Wait 24 hours after the event then:

- Please call the school (403) 885-1885 to set up an appointment with the coach.
- If the coach cannot be reached, ask for the Athletics Director, Emily Simkin. She will set up an appointment with you.
- Open communication is encouraged, however, it might be difficult to conduct a productive meeting with the coach before or after a practice or a match. Emotions at these times can be very transient (volatile/high), and a meeting of this nature seldom produces positive results.

The Next Steps

What a parent can do if the meeting with the coach did not provide a satisfactory resolution.

- Call and set up an appointment with the Athletic Director to discuss the situation.
- At this time, the appropriate next step can be determined.

Sports do not build character. They reveal it!

Research indicates that students who successfully participate in extracurricular activities have a greater chance of success in adulthood. Many of the skills attained by being successful participants in sport are also important to being productive members of our society. The staff at the Iron Ridge recognize the importance of extracurricular activities, and go to great lengths to ensure that your child has a positive and meaningful experience while participating in activities at the school.

Good luck this season! Have fun and enjoy!

Iron Ridge Junior Campus
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